

Mon - Fri 7:30am-3pm, Saturday 9am-4pm (Sun closed) 115 N Mitchell St. 231-224-6192

# LUNCH MENU

### WRAPS & PANINI'S

Served warm and includes a side of chips.

### Chorizo Wrap

Chorizo, cheddar, avocado, roasted veggies, mixed greens, spicy ranch

### Chicken Caesar Wrap

Grilled chicken, romaine, parmesan, roasted tomatoes & onions, creamy caesar

### **Chicken Quesadilla**

Grilled chicken, colby jack, roasted veggies, salsa on the side

### **Grilled Cheese Panini**

Medium cheddar add: avocado (2.5), bacon (2.5), roasted tomatoes & onions (1.5)

### PB & J Panini

Creamy pb & strawberry jam

### **BLT Panini**

Thick cut premium bacon, romaine, tomatoes and roasted garlic aioli

### **Grilled Chicken Panini**

Grilled chicken, provolone, romaine, tomato, red onion, roasted garlic aioli

### SALADS

11 Side Salad

Mixed greens, roasted tomatoes & onions, cucumber, parmesan, croutons

### 11 Chicken Caesar 14

Romaine, grilled chicken, croutons and parmesan, creamy caesar

### 11 Roasted Salad

12

5

Mixed greens, roasted tomatoes and onions, bacon, parmesan, cucumbers, croutons, lemon garlic vinaigrette

### Cherry chicken 14

Mixed greens, grilled chicken, dried cherries, green apples, toasted sesame seeds, parmesan, balsamic vinaigrette

# Chopped salad 16

10

6

6

Romaine, grilled chicken, hard boiled egg, bacon, roasted tomatoes & onions, avocado, colby jack, ranch

# **12 Gluten Free -** gf bread, bagels, baked goods available

# rOasted

Mon - Fri 7:30am-3pm, Saturday 9am-4pm (Sun closed) 115 N Mitchell St. 231-224-6192

### **BREAKFAST MENU**

### Avocado Toast\*

Avocado, roasted tomatoes and onions, mixed greens, fustini's garlic olive oil, parmesan, topped with a poached egg

### **Breakfast Burrito**

Flour tortilla, scrambled egg, chorizo, roasted potato, roasted veggies, salsa on the side. **Option:** make it a bowl - skip the tortilla and load the potatoes

### Classic

Scrambled eggs, roasted potatoes, toast and bacon

### Breakfast Panini

scrambled egg, chorizo or bacon, cheddar, avocado

### **Toasted Bagel**

With butter, peanut butter, strawberry jam or cream cheese

### Lox Bagel

Smoked salmon, cream cheese, cucumber, red onion, tomato, capers

### **Bagel Sandwich**

Scrambled Eggs, Bacon and cheddar

10

9

#### 5

Mixed greens, roasted tomatoes and onions, cucumber, parmesan, croutons

Side Salad

Add Roasted Potatoes 3.5 Side Guacamole 2.5

### Assorted Baked Goods and Bread Pudding

# Rowster Coffee

4.5 Daily Brew, Espresso Drinks, Smoothies, Loose Leaf Teas Chai Latte, Juices

#### **11 Beans to Brew at Home** Available by the lb or 12 oz bag

**Gluten Free -** gf bread, bagels, baked goods available

\*Contains raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

7

9

10